



Selected speaking engagements and publications

Speaking (conferences, online summits, and podcast engagements)

- “Divorcing Abroad,” *Expats Couples Summit* (online), October 14, 2022.
- “Moving Abroad with Your Family,” *Language and Mental Wellbeing conference* (online), October 13-15, 2021.
- “[A Universe of Opportunity](#),” *So You Want to Work Abroad* (podcast), New York Times TBrand Studio with Cole Haan, March 2020.
- “[How to Prepare for A Great Move](#)” with Katia Vlachos, *The Expat Repat podcast*, December 11, 2019.
- “[What Country Are We Moving to Now? Expats and Relaunching with Katia Vlachos](#),” 3, 2, 1, *iRelaunch* (podcast), August 15, 2019.
- “Through Expat Eyes: Understanding the Experience of Global Assignees and Setting them Up for Success,” Presentation, *Forum for Expatriate Management – Belgium Chapter*, Brussels, May 23, 2019.
- “[Demographics and Trends in Global Mobility](#),” Keynote speech at the *FIDI Global Alliance Annual Conference*, Amsterdam, April 2019.
- “[Are you making conscious choices in your expat life? With Katia Vlachos](#),” *Tandem Nomads* (podcast), April 1, 2019.
- “[Thrive in Your Global Career and Life](#),” Webinar for the Association of MBAs, March 14, 2019.
- “When Love Runs Out: Helping Expats Cope with Relationship Breakdown” (Concurrent Session), *Families in Global Transition annual conference*, Amsterdam, March 2016.
- “Home is What You Make it: How Our Concept of Home Shapes the Way We Move” (Concurrent Session), *Families in Global Transition annual conference*, March 2015.

Books and book chapters

- “Making Your Expat Assignment Easier on Your Family,” in [Two-Career Families](#) (HBR Working Parents Series), Boston: Harvard Business School Publishing, 2022.



- “Coaching Expatriates Through Divorce” in J. Eidems and S. Höntsch (eds.), [Coaching im Rahmen der Auslandsentsendung](#) (English translation: Coaching in the context of expatriation), Berlin: Springer, 2021.
- [A Great Move: Surviving and Thriving in Your Expat Assignment](#), London: LID Publishing, June 2018.
- [One True Love: A Year of Love Poetry](#), Katia Vlachos and Michael Watkins; Clovercroft Publishing, January 2019.

Articles and features

- [“Looking After Your Employees’ Mental Health,”](#) *I by IMD*, December 8, 2021.
- [“Caring for the Crew,”](#) *FIDI Focus*, No. 303, Sept-Nov 2021.
- Bortolot, Lana, [“How to be an Expatriate in 2020,”](#) *The New York Times*, February 21, 2020.
- [Series of articles](#) for *Thrive Global*, October 2019-April 2020.
- [“How to Set up Expat Employees for Success: The Importance of Providing Emotional Support,”](#) *Training Industry*, September 25, 2019.
- [“The Assignee Isn’t Going to be Successful if the Family Isn’t,”](#) Interview with Katia Vlachos and Michael Watkins, written by Natalie A. Gerhardstein, *Delano Magazine*, September 16, 2019.
- [“Today’s Global Mobility Means a Different Kind of Support,”](#) *TLNT*, August 13, 2019.
- [“5 Things You Need to Know to Survive and Thrive After a Divorce: With Katia Vlachos,”](#) *Thrive Global*, March 12, 2019.
- [“Top Tips for Staying in Touch across the Globe,”](#) *Family Matters Switzerland*, October 30, 2018.
- [“I Would Like to Start a Movement to Support Expats Who Are Going Through Challenging Times – with Katia Vlachos,”](#) Interview with Yitzi Weiner, *Medium*, September 17, 2018.
- [“Making Your Expat Assignment Easier on Your Family,”](#) *Harvard Business Review*, March 10, 2017.
- [Series of articles on expat divorce and other topics](#) for the *Huffington Post*.